

WASH YOUR  
**HANDS**  
FOR 20 SECONDS

Clean Hands  
**CHAMPIONS.**

STEP

1

First wet  
your hands...

**SQUIRT!**

**SQUIRT!**  
add that soap!

STEP

2

Make lots  
of bubbles!

**Wash your  
Palms**

STEP

3

**Between your  
fingers**

& the backs of your hands!

STEP

4

**Don't forget  
thumbs!**

STEP

5

**& the tips  
of your fingers**

STEP

6

**Wash wrists  
and finally dry hands!**

**YOU DID IT!**

Cussons  
**Carex**