

# BREAD EXPERIMENT

## Clean Hands CHAMPIONS.

### YOU WILL NEED...



3 SLICES  
OF PLAIN  
BREAD

Label your freezer bags

3 FREEZER  
BAGS

CAREX  
HAND  
SOAP



### UNTOUCHED

STEP

1



Use clean rubber gloves!

FIRST GRAB A SLICE  
OF BREAD THAT YOU  
WILL NOT TOUCH AND  
PLACE IT STRAIGHT  
INTO A SEALED  
FREEZER BAG

### DIRTY HANDS

STEP

2

Your hands need to be dirty!



NEXT, TAKE  
ANOTHER SLICE,  
THIS TIME YOU  
WILL TOUCH  
THE BREAD WITH  
UNWASHED HANDS!

STEP

3

CLEAN HANDS



NEXT, CLEAN YOUR HANDS  
WITH SOAP AND WATER AND  
PLACE YOUR HANDS ON  
ANOTHER SLICE

STEP

4

WATCH AND SEE THE  
GERMS GROW! IN A FEW  
WEEKS YOU WILL BEGIN  
TO SEE THE DIFFERENCES  
IN BACTERIA ON EACH  
SLICE OF BREAD!

